



INTRODUCTION

Child-Help supports countries and communities where people with Spina Bifida and Hydrocephalus face significant barriers to inclusion and lack access to adequate healthcare.

We seize every opportunity to address their most urgent needs, building on the initiatives of local communities and our NGO partners. At every step, we are guided by the principle: "Nothing about us without us."

In healthcare, this means starting at the end of the chain at the bedside of a child in the hospital, in the classroom where they go to school, and beside the mother mourning the loss of her child. It also means working alongside local self-help groups to create a more inclusive society.



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What kind of world do
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born with Spina Bifida in 2050?

Over time, Child-Help has developed extensive expertise in affordable, accessible care for our target group. "Doing less but better" requires a deep understanding of what is both possible and essential in healthcare. This approach enables us to make informed choices, avoiding unnecessary, unaffordable lab tests and medical imaging. For us, knowledge is the key to a better life.

Looking back on the past 30 years, 2024 was a year of reflection and planning for Child-Help. We aim to build on the shared dreams of people across the world, using these dreams as a compass for our mission.

How do we envision the future? What kind of world do we want for a child born with Spina Bifida in 2050 — a world where they are fully supported and valued within an inclusive society? What would this mean for a child born on one of the islands of the Philippines, in the mountains of Mexico, or in the slums of Nairobi?



We brought together self-help groups from East Africa and named our vision "Dalmus," a name that signifies a strong person who cares for themselves and the whole community alike.

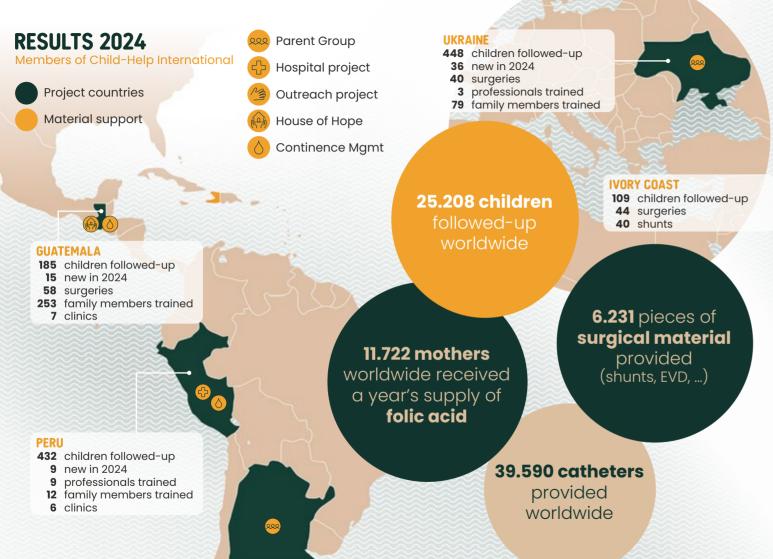


This inspired the Dalmus metaphor—a metaphor of a bus journey representing collective efforts toward an inclusive society, with Dalmus as the destination. The bus symbolizes a clear direction, with its destination displayed at the front. **Everyone who boards contributes to a more inclusive future.** These national networks drive change in their own countries, while Child-Help serves as the international bus, providing resources, training, and knowledge to keep the journey on track.

This evolved into **the SHARE Bus**: Spina Bifida, **H**ydrocephalus, **A**ccess, Awareness, Advocacy, **R**esources, and **E**mpowerment — a concept encapsulating Child-Help's mission and activities. The SHARE Bus welcomes all who contribute positively: NGOs, professional networks, individuals, and organizations representing our target group.



Through this approach, Child-Help positions itself as an **international knowl-edge center for accessible care and inclusive societies.** Ambitious? Certainly. But necessary—each year, more than one million people worldwide are newly confronted with Spina Bifida and Hydrocephalus. We are committed to ensuring they receive the care and support they need.



UGANDA

3.673 children followed-up

535 new in 2024

1.512 surgeries

64 professionals trained

768 family members trained

40 clinics

SOEDAN

110 children followed-up

110 surgeries

KENYA

5.740 children followed-up

574 new in 2024

313 surgeries41 professionals trained

411 family members trained

119 clinics 69 shunts

MALAUI

ΤΔΝΖΔΝΙΔ

4.005 children followed-up

3.199 children followed-up

35 professionals trained

1.406 family members trained

543 new in 2024

1.364 surgeries

81 clinics

1.905 shunts

438 new in 2024

654 surgeries

26 professionals trained

274 family members trained

219 clinics

215 shunts

ETHIOPIA

324 children followed-up

120 new in 2024

6 professionals trained

48 family members trained

DR CONGO

240 children followed-up

121 surgeries

85 shunts

ZAMBIA

5.220 children followed-up

232 new in 2024

516 surgeries

10 professionals trained

500 family members trained

1 clinic

250 shunts

SOUTH AFRICA

1.523 children followed-up

5 new in 2024

102 surgeries

20 professionals trained

154 family members trained

2 clinics

PARTNER ORGANISATIONS

⊗ Bethany Kids

SPINA BIFIDA AND HYDROCEPHALUS ASSOCIATION OF KENYA COAST BRANCH





































































